



S.V. GOVT. COLLEGE GHUMARWIN

Distt. - Bilaspur, Himachal Pradesh, Pin-174021,

Phone and Fax 01978-255551. www.gcghumarwin.org.in, gcghumarwin-hp@nic.in

BEST PRACTICES

(PRACTICE NO.1)

1. Title of the Practice: Environment Consciousness

Our main focus is to sensitize students and staff regarding environment protection for sustainable growth.

2. Objective of the Practice:

Preservation of a healthy environment and ecological balances is everybody's concern. To promote environmental awareness among the people, we need the help of different stakeholders. To inculcate the value of environment conservation among stakeholders is the prime motto of institution.

3. The Context:

There are many problems in implementing the practice. The college has banned the single use plastic products in the college but the need is to motivate the students and through them their parents to minimize the use of all plastic products by educating them about the health and environmental hazards caused by it. The tree plantation drives in the college are mostly driven by the cadets of NSS and Rovers and Rangers, but the need is to engage as many as students in such drives to achieve maximum results. But such large level drives need a lot of planning, participation, and organisation for proper execution. The trees planted in the tree plantation drives sometimes dies due to lack of proper care and monitoring, this too is a very serious issue. The clean energy resources need proper care and maintenance. Students need to be taught about clean energy resources, proper disposal of biodegradable and non biodegradable products, through the medium of workshops and seminars which require funds, planning and execution which sometimes is difficult to achieve in public spheres.

4. The Practice:

The institution is extremely conscious about its duty towards environment and its protection. The institution tries to inculcate the value of Environment conservation among students. Tree plantation drives are initiated on regular intervals by the cadets of NSS, NCC, Rover and Rangers and volunteers of Botany department. The college has completely banned the single use plastic products and the wards of the college are encouraged to use biodegradable products as much as possible. The institution also encourages the use of clean energy resources; a solar electricity panel has been installed in the campus which fulfills the electricity requirement of various departments in the college. The design of the building of the institution allows maximum utilization of the natural resource. All the class rooms are well lit with natural light and very well ventilated. The practice of switching off the electrical equipments, when not in use, is strictly followed by the staff and the students. The college has adequate facility to collect rain water through a rain harvesting tank. The water is used

for the purpose of gardening and flushing the toilets. The college has a vermin-compost pit where all the biodegradable waste gets disposed off and then turned into manure. The college has installed incinerators in girls' washrooms and common room for clean and proper disposal of sanitary pads. The institution has proper arrangements for the parking of vehicles. Cigarettes and tobacco products are strictly banned within 100m of the campus. The problems faced in achieving higher goals are calculated participation of students. The tree plantation drives are carried out by the cadets of NSS and Rover and Rangers only. A few plants die due to lack of proper care and monitoring. Plastic products has been banned in the college campus, but students need to be educated and through them their parents, about the environmental and health hazards of the plastic. The clean energy resources require frequent maintenance. Funds and support is required to run awareness drives, special workshops to educate the students about the proper disposal of bio and non biodegradable resources, to carry out large plantation drives which sometimes is difficult to get in the public domain..

5. Evidence of Success:

Our Institution has followed the Government notification in letter and spirit. The institution has installed solar energy panel to meet the electricity requirements of the college. The water stored through the rain harvesting tanks meet the need of water for gardening and flushing the toilets. Ban on one time use plastic products keeps the campus plastic free and clean. Whatever plastic waste appears is disposed-off properly in the bins which later is collected by the Nagar Nigam and sent to ACC plant at Barmana. The incinerators installed in girls washrooms and common room helps in the proper disposal of the sanitary pads. The tree plantation drives run by the cadets of NCC, NSS, Rover and Rangers and volunteers from Botany department has helped to make the campus clean and green. The vermi-compost pit helps to decompose the biodegradable waste into manure which is used to manure the plants in the garden. Keeping in view the sincere efforts of the institution in conserving the environment the college was awarded **"Himachal Pradesh Environment Leadership Award** (first prize) by the Department of Environment Science and Technology, Govt. of H.P for the year **2019-20**. The prize given indicates that our sincere effort has been appreciated, but the institution will continue to upgrade and learning and teaching about the mechanisms to protect environment.

6. Problems Encountered and Resources Required:

The single use plastic has been banned but the need is to make the students and through them their parents about the health and environment hazards of plastic. The students also need to know about the proper disposal of biodegradable and non biodegradable products. The institution has banned the cigarettes and tobacco products but the boy students need to become aware about the dangerous effects of such toxic products on health. The tree plantation drives need to be carried out ensuring maximum participation of students. The trees planted during plantation drives need to be monitored to make the plants flourish. Funds and support is required to achieve desired results in the field. Workshops on the proper disposal of biodegradable and non biodegradable products, vermin-compost, use and reuse of renewable sources of energy, large plantation drives etc are required to be initiated which need a lot of dedication, participation, planning, contribution and money which sometimes is difficult to acquire in public sphere.

(PRACTICE NO. 2)

1. Title of the Practice: Development of Personal and Professional Skills

- 2. Objectives of the Practice:** Main objective of the practice is to **build self-confidence, enhance self-esteem and improve overall personality of the participants**. The programme aims at grooming the participants through sensitizing them about proper behavior, socially and professionally, in formal and informal circumstances.

3. The Context

The students of the region largely come from rural background so they hardly acknowledge the need of personality development in terms of participation in different activities, communication skills etc. Poor communication and soft skills is a major problem of the students of the institution. Lack of professional training and the professional attitude is another issue that we encounter. Cultural barriers pose another challenge to make the girl students getting involved in activities. Hesitation of students is another factor which hinders their progress as a responsible individual. Growing enthusiasm of the young generation towards western culture obstructs our passion to turn the students towards their own cultural and ethical values. Less participation of the students is another obstructing factor.

4. The Practice

By being respectful of others and accepting people's opinion, rights and feelings-even when they are different we allow ourselves to develop more successful personal and professional relationships. Keeping in view the students of the institution are motivated to participate in cultural and social activities for their overall personality development, to make them imbibe cultural values and to make them realize their responsibility towards mankind. The cadets of Rover and Rangers participated in state level inter college moot camp at Rewalsar in the month of September where they showed their culinary skills in cooking traditional dishes of Himachal Pradesh and also performed folk dance which reflected the culture of Bilaspur district. Taking a step closer to their social responsibility the cadets of Rover and Rangers of the institution, sensitized the people of Karyalag village (The village where massive landslide occurred) about the preventive measures to be taken care of during natural disasters like earthquake, landslide, flood etc. The cadets of the same group voluntarily assisted the staff of Civil Hospital, Ghumarwin by helping them on registration counter, first aid and OPD section. In cultural side, the students of Music department of the institution participated in inter college Youth festival of Group II and Group III. in group II youth festival organized in G.C Seema from 16-09-2019 to 19-09-2019. The students of the institution bagged prizes in Gazal and Folk song. In Group III youth festival held in G.C Hamirpur w.e.f. 3-10-2019 to 6-10-2019 the students of the institution brought laurels by securing third position in folk dance. The student of the college frequently participates in the function of 15 August and 26 January. To bring out the students out of their cocoons and to make them polish their talent further a dance battle was organised for the students of the institution on 29 July 2019. A talent hunt program was also organised for the students. The local cultural festival "Nalwari Fair" which gets organised by the local administration, the students of the institution

participates in the cultural program of the fair. The college fraternity also contributes its share in the annual cultural festival of Nalwari Fair.


5. Evidence of Success

The college has been progressive towards implementing and imparting social and cultural values in its students. To achieve the goal various cultural and social events are being planned. To bring the students out of their hesitation and perform in front of the audience a dance battle was organised in the college. A Talent Hunt program was also organised to bring out the singing and folk talent in the students. The students of Rovers and Rangers held the sensitization drive to spread awareness about the measures to be taken care of at the time of natural disaster and helped the hospital staff voluntarily providing their service in civil hospital, Ghumarwin. The Cadets of Rover and Rangers also participated in a moot camp where they cooked traditional dishes and performed a folk dance representing the culture of Bilaspur district. The students of the institution bagged third prizes in the Group-II inter-state in Gazal and folk song. The students of the college also brought laurels by securing third position in Group III youth festival in folk dance. Student's participation in the program of 15 August, 26 January, and local cultural festival of Nalwari Fair every year narrates the story of dedication of the institution to achieve the desired result.

6. Problems Encountered and Resources Required

Poor communication and soft skills is one of the major problem that the institution faces in its efforts towards personality development of the wards. Coming from the rural background, the students of the college are highly unaware of the importance of participating in the social and cultural activities. Lack of professional training and attitude is another major issue. Cultural barriers hinder girl students from participation. Hesitation is another factor which stands in the way of achieving the goal of personality development of the students. Growing enthusiasm of youth towards western culture blocks the way to reach the goal. To achieve the desired result frequent professional skill development workshops need to be organised in the institution. Communication and soft skills programmes are also required to be initiated on practical basis. The students need to be taught be about the rich culture of our nation in order to make them proud of our cultural and ethnic values. Professional personality development programs are required to make the students come out of their cocoons and develop themselves into a responsible individual and human being. But to achieve all these things a lot of paper work is required to be done in the public domain, which sometimes take a lot of time and discourages such initiatives. Unavailability of funds is another factor which affects progress in public domain.




Principal
SVGC Ghumarwin
Distt. Bilaspur (H.P.)



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BEST PRACTICES

PRACTICE I



Figure 1 Students and Staff in action during "Swachhata Pakhwada" and "Plantation Drive"





Figure 2 (a, b, c, d) View of Clean and Green Campus SV Govt College Ghumarwin



Figure 3 Certificate



Figure 4 Trophy



Figure 5 Image of Jumbo Cheque awarded to Institution

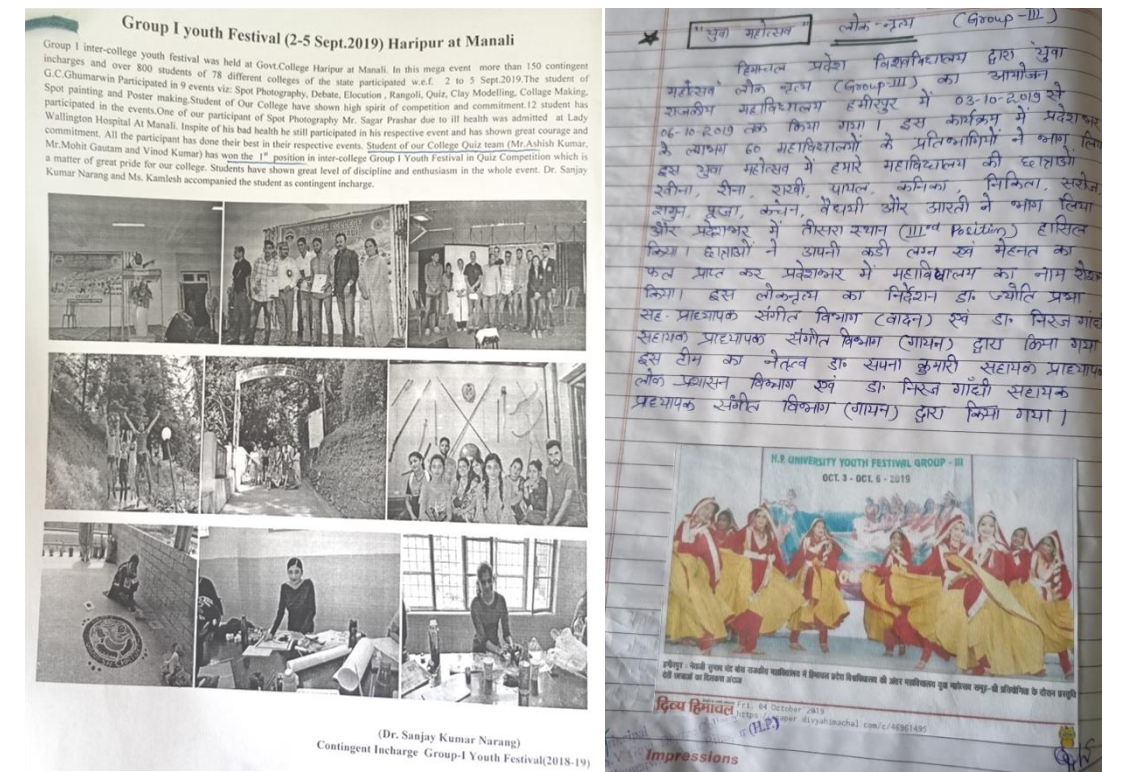


Figure 6 Reports of Inter-College Youth Festival



Figure 7 Media Reports



Figure 8 Talent Hunt Programme at Institution Level



Figure 9 Students interacting with Director Higher Education, H.P. during Moot Camp



Figure 11 Students showing skill in preparing culinary dishes



Figure 10 Team inspecting the taste of traditional dishes prepared by our students



Figure 12 Sensitization regarding Disaster Management at 'Karyalag' by Ranger and Rovers



Figure 13 R&R students at Civil Hospital



Figure 17 NSS, NCC & R&R volunteers with NDRF team



Figure 14 R&R with local police administration



Figure 18 Free Health Camp at Institution



Figure 15 Hostel students in action at Yoga day



Figure 19 Volunteers in helping hand to Blood Bank team



Figure 16 Staff giving donation to local administration for the landslide affected area



Figure 20 Blood donation camp



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